

HealthlinkBC is access to non-emergency health information and services in British Columbia. It's a phone number, it's a website and it's print resources that put services and health know-how into the hands and homes of B.C. residents.

At HealthLinkBC.ca, the services that British Columbians count on for health information – the advice of nurses, pharmacists and dietitians; a medication library plus the BCHealthGuide handbook and knowledge base – are combined with an online health system navigation service, all easily accessible through one integrated website.

Through HealthLinkBC services you can get the information you need to manage your health and that of your family.

Call 8-1-1

**Deaf and Hearing Impaired
Call 7-1-1**

 **HealthLinkBC.ca**

 **BCHealthGuide**



HealthLinkBC



On the web
 **HealthLinkBC.ca**



LEARN ?
about Health Topics
and Medications

CHECK ✓
your Symptoms

FIND 🔍
Services
and Resources

Learn about Health Topics and Medications

Search our database that covers more than 6,000 health topics from A (abdominal concerns) to Z (Zellweger Syndrome). You'll find comprehensive information about each topic and condition, advice on how to treat some situations at home and when to consider it an emergency.

Our medication library puts the expertise of pharmacists at hand with information on most prescribed and many over-the-counter medications.

Check your Symptoms

Our online symptom checker couldn't be easier to use. Simply click on the body part that concerns you to view an array of possible conditions and situations.

Find Services and Resources

The health system just got easier to navigate with our online way-finder. Simply enter the service you are seeking – flu shots clinics or prenatal programs, for example – along with your postal code to find the service closest to you.

Visit us at
 **HealthLinkBC.ca**

Hot Topics

You'll find the most current information about health topics that interest you at HealthLinkBC.ca.

If it's in the news or top-of-mind, you'll find the latest information about it here.

Top Searches

Check out the most popular healthy living and health information search topics.

Key Health Tools

You'll find great tools as well, to guide you in a healthy life at HealthLinkBC.ca. Check the calories of a snack food or your lunch on the calorie calculator.

Look up the right heart rate range for your gender and age.

Pregnant? Calculate your due date online.

HealthLinkBC is your 24/7 resource for non-emergency health information and referral.

- Talk to a nurse, any time of day or night
- Speak with a pharmacist about medications or a dietitian about healthy eating
- Find the health services you need, closest to where you live

The information you need to manage your health and that of your family is online at HealthLinkBC.ca

Is it an emergency?

Call 9-1-1 (or a local emergency number) in the event of a medical emergency in which immediate action is required.