TODDLER DEVELOPMENT

Toys

The best toys encourage your toddler to learn, explore and use their imagination. The toys don't have to be fancy or expensive, or specific to any gender.

Household items

- plastic bowls for filling and dumping
- pillows for climbing and making caves
- · clothes for dress-up
- the bath for supervised water play

Classics

- blocks
- dump trucks
- stuffed animals
- play food
- garages and farms
- books

Nature's toys

- · dirt and sand
- water
- stones

TRY THIS

When you put a toy out, put another away. Your toddler may be overwhelmed if they have too many to choose from. And rotating toys can be just as exciting as getting something new.

Safer Toys

Reduce overall injuries by:

- ensuring toys are well-made and fit your child's age
- not using toys with broken, sharp or loose pieces
- ensuring your toy box lid can't trap your toddler inside or slam down on them
- · making sure paint is non-toxic and not peeling
- reading the safety information on toy labels
- avoiding toys with small batteries and making sure your toddler doesn't take out any batteries

BE AWARE

Almost half of toy-related deaths are caused by choking.

Reduce choking hazards by:

- avoiding any toy that fits in your toddler's mouth
- making sure all toys are at least 3½ cm (1½ inches) wide and 6 cm (2½ inches) long
- not letting your child play with things that can break into pieces, like styrofoam and egg cartons
- not letting them suck or chew on balloons

- TRY THIS

See if the toy fits through a toilet paper roll. If it does, it's too small.

Reduce strangling hazards by:

- not using toys with strings, cords or ribbons more than 15 cm (6 inches) long
- being careful with things like pull toys and skipping ropes

Reduce suffocation hazards by:

- making sure that any toy that your toddler can climb into has a way out and air holes
- · taking away all packaging from new toys

DID YOU KNOW?

If you have to shout to be heard above a toy, it's too noisy and can damage your child's hearing.

FAMILY STORY

We worried about how to keep our toddler away from her 7-year-old brother's small toys. He decided to play with them in his own room. We put a gate on the door so his sister wouldn't feel shut out.

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