

# Key Safety Messages

During their toddler years, your child will begin to crawl, walk, run and jump. They will use these new skills to explore, climb, touch, and taste just about anything.

But you can reduce the chance of injury by making their world safer and by continuing to do so as they grow. Always ensure that you're:

- ✓ supervising them closely
- ✓ childproofing your home (see [Childproofing Your Home](#))
- ✓ following the manufacturer's instructions on equipment (see [Equipment Safety](#))
- ✓ using a properly installed car seat (see [Car Safety](#))
- ✓ staying within arm's reach when they're near water (see [Water Safety](#))



### KEY TAKEAWAY

As parents and caregivers, we want to protect our children from everything. But toddlers also need the chance to run, play and test their personal limits. You can find balance by providing a safe environment and keeping a close eye on your child while still giving them the freedom to explore and have fun. Try stepping back while they play in the sandbox at the park or make a mess with their toys on the living room floor.

