

# If You Have Concerns About Your Toddler's Development



### KEY TAKEAWAY

All children develop at their own pace, but most reach milestones by a set time. If you have concerns, help is available.

## What You Can Do

If you have concerns:

- 1. Talk with your health care provider or call HealthLink BC at 8-1-1.**
- 2. Find extra support** through your public health nurse, parent-and-child groups or a child care program.
- 3. Ensure your concerns are followed up.** Follow-up might include watching your toddler play, completing a child development screening questionnaire or referring you to another child development or health professional or to a B.C. government support program such as BC Centre for Ability, [bc-cfa.org/programs/supported-child-development/](http://bc-cfa.org/programs/supported-child-development/)



### DID YOU KNOW?

When your toddler is about to make a developmental leap, it may seem like they're going backwards in another area. A child learning to walk, for example, may be less talkative for awhile. This is a normal part of child development.



### DID YOU KNOW?

If your toddler was born early (preterm) or had serious health problems at birth, they may develop at a slower pace. Your health care provider can help you support their development.

